

Suggested List of Personal Prayers For Rosh Hashanah

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As we know, the Great Tzadikim used to ask for many personal prayers on Rosh Hashanah and encouraged others to do so as well. The power that a Jew has on Rosh Hashanah to ask for personal prayers is unfathomable.

Personal prayers are the greatest sign of our personal connection with Hashem and us knowing that everything is in his hands. There is no greater joy to a father when he can give to his child. However, the father wants the child to ask so that this will build the connection and bonding between the parent and child. This is how much more so between us and Hashem Yitbarch-our loving father who wants our connection with him. Also as we know Rosh Hashanah is the inauguration of Hashem as our king. When we come and ask Hashem for all our life needs, we are showing that we are completely in his hands because he is the king and governs everything. At the same time, we are asking Hashem to give us all these needs so that we can serve him with joy and happiness and live our life the way he wants us to live our lives, which is the greatest inauguration of Hashem as our king. This list is meant to help you keep focused on what to pray for, however it is also to open up your heart, not to just copy what's written, but to be an eye opener.

These prayers should be said after the second פִּי יִהְיוּ לְרִצּוֹן אַמְרֵי פִּי before taking 3 steps back. When you finish your prayers, say the passuk of יִהְיוּ לְרִצּוֹן again.

To say before personal prayers:

Avinu our beloved Father and Malkenu our beloved King as I come to you to ask for my needs on this Rosh Hashanah, I want to first thank you Hashem for everything you have given me this past year this includes.....(add anything you wish to thank for). at the same time I am not asking these things from you Hashem because I feel I am deserving rather I am asking you all these things out of your endless mercy and endless kindness please

ARVIT

Prayer for Spiritual life:

Please Hashem

1. write me and my family in the book of life
2. life in this world which will be both physically life and spiritual life
3. let them live a life of Torah and your service so I should always sanctify your name
4. Please help me to have a meaning and an understanding in all your mitzvot so that I could do them with a passion and joy
5. Please help me to be in a good environment with good friends who will inspire me and affect me for the good
6. Please help me that the Torah should be sweet and enjoyable
7. Help me to want to learn
8. Help me to want to keep the Torah
9. Please help me to love every word of the Torah
10. Please help me to understand it and remember what I learn and not to feel lost

Prayer for Physical life:

Please grant me and my entire family

1. A year of healthy life
2. continuous and improvement of Health
3. should be saved from sicknesses
4. should be saved from bad occurrences especially road and car accidents
5. My parents and grandparents and all family and siblings should all be healthy and stay healthy
6. Please help me and my family to do everything we need for good health

SHACHARIT

Please Hashem I want to start a year of cleanliness from all spiritual and emotional distractions.

Please help me not to fall into bad things

1. Help me overcome my yetzer harah and wrong temptations
2. Help me watch my eyes from all impurity
3. Help me to get rid of anything that is causing me to fall in to these things and give me everything I need to live a life of cleanliness and happiness
4. Please help me at the right time find my zivug-marriage partner and save me from any wrong people that are not fitting for me.

Mornings

1. Please help me to get up in the morning on time
2. Please help me to go to sleep at night on time
3. Please help me to get out of the bed
4. Please help me to be nice in the mornings and not to be grouchy and mean
5. Please help me to be happy and joyous and look forward to my day
6. Please help me to always have a positive attitude on every day and life

MUSSAF

Please Hashem give me and my family a year of new start and only good midot

Middot and proper influences

1. Please protect me during the year and especially the summer from all wrong influences
2. Please help me to be in a surrounding of good friends
3. Save me from the following bad traits in the wrong places anger laziness wrong temptations (for example overeating and other temptations ,sadness depression, lying jealousy, deceiving haughtiness hatred , audacity, stinginess, lashon hara stubbornness, worry and lack of fear of you Hashem.) Please help me to have the following good midot and truly improve on them and live by them the entire year: patience, excitement for good things, happiness, satisfaction, to be satisfied with my portion, truth, honor for others, ,giving, kindness, humility, honesty, to see the good of others and all of the good that you Hashem has given us in the world, love for all Jews and love and fear of you Hashem.

Please help me not to get angry and to know that all is from you out of your unfathomable love and all is for my best.

Prayer for the entire Jewish people

Please Hashem today we are declaring you as our king. We are your chosen nation and we will forever be. Please Hashem you know the difficulties for the Jewish people all over the world

Please help us

1. Please Hashem help that there should be peace in the world
2. Please help that there should be no wars in any countries, and specifically for the Jews
3. Please let us find favor in the eyes of the people and rulers of any country we live in
4. Please help that there should be peace in the land of Israel and our enemies should not be able to harm us in any way
5. Please send a refuah shelema for all the Jews in the world
6. Please help that there should be no nuclear, chemical, or any bad occurrences in the world
7. Please help us to see the coming of Mashiach very soon
8. Please help all those who need to get marry to find their match
9. Please help all the ones who don't have children to merit children very soon
10. Please bring yeshivot to everyone who needs one
11. Please bring long life and happiness to all of Am Yisrael

MINCHA

Please Hashem as this is the day you created Adam Harishon (the first of all mankind) and you gave us the task in life of choosing between right and wrong please give us the wisdom to choose always only what is right and what you want from us and give us wisdom in all areas of our life to do your will

Prayer for Chochma (wisdom)

1. I should be able to focus during my studies
2. I should have understanding in what I learn
3. I should be able to remember and have a good memory
4. I should be smart in Torah
5. I should be able to understand other people and how to help them
6. I should be able to understand myself and how to help myself
7. I should be able to know what decision to make in big or small things in life
8. I should be able to know how to deal with the plusses and minuses of everyone around me

Please Hashem as this is the day you decide our parnassah we ask you with all our hearts you know how difficult the issues of money are in this world on both levels of poverty and wealth please write us in the book of easy parnassah and plentiful, that we can do your will comfortably and out of joy and have everything we need easily

Prayer for Parnassah

1. Please help us and all our families to have a good year of parnassah
2. We should not have any problems with other people
3. Please help our business be successful
4. We should not have an ayin harah on our parnassah
5. Help me in the future to have a good job
6. Help me to have a job that is spiritually healthy for me and it should be a kosher job
7. Help me to know how to deal with people in the business
8. Help me to give my maser and tzedaka
9. If it is meant for me to lose any money during the year, please help me give that money to good organizations and not to go for bad things (ex. Medical and other side expenses)

Please Hashem Help me and answer all my prayers for the best and even though I am not worthy to ask of you of these things I am relying on your endless mercy and kindness