

## The 39 Prohibited Categories of Creative Labor

Class 6

### הַגִּיזָז אֶת הַצֶּמֶר - Shearing

What:

Removing or Cutting a human or animal's hair, feathers, or nails in the ordinary fashion

Do:

Pull out a feather from a cooked piece of chicken

Brush your hair gently only with a soft brush set aside for shabbat use

Use oil (no peanut butter) or freeze off with ice gum that gets stuck in hair

Don't:

Cut hair with a scissor

Tweeze out eyebrow hairs

Pull out a gray hair

Pluck a feather out of a chicken

Cutting or filing one's nails

Cut hair with ones teeth

Cutting off hanging pieces of skin or warts

### הַמְלִבְנוּ - Whitening/Scouring

What:

Cleansing in any manor of absorbent materials with absorbed dirt or the bleaching of such materials.

Do:

Wash dishes, cups, etc.

Use paper napkins to clean up spills

Dry dishes with a cloth

Hang up a suit jacket

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Hang up a rain coat  
Dry ones hands on a towel (דרך לכלוך)  
Spray static guard on a clingy dress  
Walk around in the rain

Don't:

Wash, soak or scrub dirty materials  
Scrub or rub hard a material even dry (שפשוף)  
Soak dirty towels (שרייה)  
Ring out water from a white towel (סחיטה)  
Put water on a stain on clothes or carpet  
Polish silver  
Have a water balloon fight  
Use towels to soak up spills  
Put a wet garment near a radiator to dry off  
Hang up clothes to dry that are typically washed (ie. not dry cleaned)

### **וְהַמְנַפֵּץ - Hackling/Combing**

What:

Separating a group fibers in to distinct fibers

Do:

Run your fingers through your hair

Don't

Comb a shaitel

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### **וְהַצְבֵּעַ - Dyeing**

What:

The coloring (even darkening) of any material

Do:

Use 3-D red/blue glasses

Where eye glasses that turn dark in the sun

Mix foods if not for the exclusive purpose of coloring the food (אין צובע באוכלין)

Don't:

Use crayons, paints, markers, etc.

Use PH test strips

Touch heat sensitive mood materials

Put on lipstick, rouge, or eye-shadow

Lay out for a sun tan

Use blue toilet tabs

### **וְהִטְוֶה - Spinning**

What:

The twisting of fibers in to a thread

Don't:

Re-twist unraveled threads together

Make wicks from cotton